

Outer West Area Committee Wellbeing Fund Project Summary

Project Name	The Works – Sunshine Indoors
Amount applied for	£2,380
Lead Organisation	The Works Skate park
Ward/Neighbourhood	All

Business Plan Objective	<ul style="list-style-type: none"> • Promote healthy lifestyles and tackle health inequalities • Provide opportunities and facilities to enable local people to access and engage in sport and cultural activities • All children and young people have access to out of school activities
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Project Summary
<p>This project is based around non-traditional sports, offering activities that develop self-confidence, self-motivation, self-esteem and strengthens the core muscle group.</p> <p>The aim of the project is to hold 3hrs session for up to 15 people continuing for 8 weeks. The activities include Skateboarding, BMX, Climbing, Gym, Dance and Boxing. The sessions start at the end of the school day (about 3.15 depending on when the schools finish) and finish 6 - 6.30pm. The young people are picked up from their school and returned to their home no later than 7pm. An evening meal and drinks are also provided as part of the programme.</p>

Targets for the project and how success will be measured
<ul style="list-style-type: none"> • The groups will be monitored by using registration forms. • Feedback forms will be used to report on their experiences. • The sessions will develop an individual's motivation and confidence, promote sports, healthy living, and healthy eating. The food is prepared using the change for life recipe cards, and a booklet is provided to the young people.

How the project will be promoted and/or participation encouraged
<ul style="list-style-type: none"> • Organisations website (theworksskatepark.com) • 2 Facebook pages (Leeds Works Skate park) (The Works Skate park) • Coaching Leeds forum • School sports networks • Breeze Culture Network • Breeze Facebook

Exit strategy/How the project will continue after the funding
<p>The Funding will provide young people with an insight to sports that they can undertake at any council built skate parks with confidence.</p> <p>The Works Skate park hosts numerous events and runs various programmes throughout the year for young people to be involved in. The Works Skate park is also open 360 days of the year.</p>

Other organisations involved
N/A

Financial Information

Revenue funding requested	£2,380
Total cost of project	£3,375.80
Match funding/Other funding sources	£995.80

Full Breakdown of Costs			
Item	Wellbeing	Other (with funding body)	Date of Decision
Session Costs - £7/ person x 8 sessions	£ 840		
Coaches £25/hr (1 coach + 2 volunteers)	£ 600		
Food @ £3.50/person	£ 420		
Transport @ £65/ session	£ 520		
Annual Memberships for The Works Skatepark (£15/ person)		£ 225	
Volunteers 2/ session		£530.80	
Equipment hire for 15 people @ £2/person		£ 240	
	£2,380	£995.80	

Details of volunteers	10
Volunteer Hours	

Details of funding from previous years
<ul style="list-style-type: none"> • ENE Area Committee – Summer funding 2013, to provide sessions for young people through the summer holidays. • Jess Cluster – NEET sports programmes, to challenge young people through sport, raising aspirations in young people.

Area Support Team Comments
<ul style="list-style-type: none"> • The Area support Team have requested further information on which school they are intending on working for the outer west. • The Area Committee may consider funding this application from the Youth Activity Fund